



## **Community Support Agencies and for Parents and Carers**

### **Torres Strait Islanders Welfare Co-operation of NSW**

25 Lilydale St, Marrickville NSW 2204

ph: (02) 9560 6950

### **Community Life**

Unit 2/ 409 Paramatta Rd, Leichhardt NSW 2040

ph: 1800 004 995

### **Summer Hill Family Support Service**

133 Smith St, Summer Hill NSW 2130

ph: (02) 9797 8676

### **Gowrie Child & Family Info. Services**

30 Wilson St, Newtown NSW 2042

ph: (02) 9557 0900

### **Marrickville Legal Centre**

338 Illawarra Rd, Marrickville NSW 2204

ph: (02) 9559 2899

### **Southern Sydney Tenants Advice & Advocacy Service**

139 Beamish St, Campsie NSW 2194

ph: (02) 9787 4679

### **Gowrie Resource Centre**

1 Elliott Ave, Erskineville NSW 2043

ph: (02) 8594 4200

Community Child Care Co-operative Ltd (NSW) Bldg 21 142 Addison Rd, Marrickville NSW 2204

ph: (02) 8922 6444

### **St George Community Housing**

Level 5 38 Humphries Lane, Hurstville NSW 2220

ph: (02) 9585 1499

**Keep Them Safe:** *A shared approach to child wellbeing* is the NSW Government's five-year (2009-14) action plan to re-shape the way family and community services are delivered in NSW to improve the safety, welfare, and wellbeing of children and young people.

The goal of Keep Them Safe is that "all children in NSW are healthy, happy and safe, and grow up belonging in families and communities where they have opportunities to reach their full potential".

In particular, Keep Them Safe includes actions to enhance the universal service system, improve prevention and early intervention services, better protect children at risk, support Aboriginal children and families, and strengthen partnerships with non-government organisations in the delivery of community services.

<http://www.keepthemsafe.nsw.gov.au/home>

### **KU Services- Inclusion Support Programme (ISP)**

The new Inclusion Support Programme (ISP) commenced on 1 July 2016, replacing the previous Inclusion Support Agencies and NISSP. The ISP assists early childhood and child care (ECCC) services to include children with additional needs alongside their peers, through provision of tailored inclusion advice and support from Inclusion Agencies (IA) and access to funded support and specialist equipment where required.

The ISP consists of three key elements:

- Inclusion Agencies
  - Each state and territory has an Inclusion Agency (IA) contracted to assist eligible services to build their capacity and capability to provide and embed inclusive practice in their delivery of early learning programmes.
  - KU Children's Services is proud to provide Inclusion Agency support in NSW/ACT, VIC and QLD in conjunction with our partner organisations. For further information please visit the state Inclusion Agency website
    - NSW/ACT Inclusion Support Agency – [www.inclusionagencynswact.org.au](http://www.inclusionagencynswact.org.au)

### **Family and Community Services**

#### **Child Protection Helpline**

(To report suspected child abuse or neglect)  
Phone: 132 111 (24 hours/7 days)

#### **Domestic Violence Line**

Phone: 1800 65 64 63 (24 hours/7 days)  
<http://www.community.nsw.gov.au/for-agencies-that-work-with-us/child-protection-services>

### **Poisons Information Centre at The Children's Hospital at Westmead**

The NSW Poisons Information Centre provides:

- Latest poisons information to members of the public
- Toxicology advice to health professionals on the management of poisoned patients
- 24/7 call centre service to NSW and after hours call centre for the whole of Australia
- Liaison with poison centres from around Australia and the world in maintaining education, training and toxicovigilance

## POISONS INFORMATION HOTLINE - 13 11 26

Speech Pathology Australia [www.speechpathologyaustralia.org.au](http://www.speechpathologyaustralia.org.au)

Early Childhood Intervention Australia [www.ecia.gov.au](http://www.ecia.gov.au)

### ParentWorks

ParentWorks is a **free** online program for Australian parents and caregivers of children aged 2 to 16. It provides **evidence-based** parenting strategies to improve parenting skills, confidence and child behaviour.

ParentWorks is part of a research project called *Like Father Like Son*, conducted by the University of Sydney and proudly funded by the Movember Foundation.

<https://parentworks.org.au/#/>

### Good Beginnings Australia Play2Learn

Play2Learn is a group program for under school age children and open to all members of the community. The program provides structured learning activities for children in addition to support and education for parents.

### Aims

To improve parenting competence and style

To increase family resources and capacity

To improve social inclusion for families

To improve access to good education, health and other services

### WHERE Inner West - Belmore

Belmore South Public School  
Room 108, B-Block  
Cnr Nelson Ave & Canterbury Rd  
Belmore  
NSW 2192

### CONTACT

P: 02 9759 5369

E: [nsw@savethechildren.org.au](mailto:nsw@savethechildren.org.au)

### DATES

Wednesdays

### TIMES

9:15am -11:15am

### Tresillian

Tresillian is a non-for-profit organisation that assists close to 80,000 Australian families in the early years of their child. We help parents gain confidence in their new roles as mums and dads and teach new parents about routines in breastfeeding, sleep, settling and nutrition.

P: 1300 272 736

<https://www.tresillian.org.au/>

### **Million Happy Dads**

What we do: 'Whether it be finding out what's the best way to get your kids to eat more greens, building a tree-house or having a sit down talk about the birds and the bees, we got you covered with the cool and relevant advice, by offering you self-paced online courses, group workshops, and interviews with experts speaking on topics that is dad relevant'.

<http://www.millionhappydads.com/>

### **Resourcing Parents- Cultural play groups and support**

<http://www.resourcingparents.nsw.gov.au/>

<http://www.resourcingparents.nsw.gov.au/Event/Search/Parents?rel=true&pos=BARDWELL%20PARK%2C%202207&ageGroups=2>

### **Families NSW- Supporting Families to raise children**

<http://www.families.nsw.gov.au/>

### **Play Groups for Kids - Bardwell Park (2207) St George, the Sydney Region, New South Wales (NSW)**

<https://www.activeactivities.com.au/directory/category/play/playgroups/location/nsw/sydney-region/st-george/bardwell-park/>

### **Health Engine- Bardwell-Park Doctors, GPs & Medical Centres, NSW**

<https://healthengine.com.au/find/gp/NSW/Bardwell-Park-2207/>

### **Health Insite - [www.healthinsite.gov.au](http://www.healthinsite.gov.au)**

**St George Migrant Resource Centre 9597 5455**

**Chinese Australian Service Society 9789 4587**

**Co As It (Italian Association of Assistance) 9564 0744**

**Greek Welfare Centre 9516 2188**

**Yooralla [www.yooralla.com.au](http://www.yooralla.com.au)**

**Metropolitan Local Aboriginal Land Council 8394 9666**

**Aboriginal Community Liaison Officer- NSW Police (Redfern) 8303 5199**

**Anti-Discrimination Board 9268 5544**

**Centrlink Complaints 1800 132 468**

**Fair Trade Tribunal** 13 32 20

**NSW Ombudsman** 9286 1000

**Commonwealth Centrelink Centre** 1800 057 111/136 150

**Department of Education and Communities** 1300 679 332

**Justice of Peace**

Hurstville City Council 9330 6222

Kingsgrove Community Aid Centre 9150 7823

**Transition to School information-** Department of Education and Training

The Statement makes it easier for a child's prior to school learning and development to be communicated to their new school.

In the Statement, early childhood educators summarise the child's strengths, interests and learning in line with the Early Years Learning Framework.

Completed statements help school teachers get to know children before they enter Kindergarten, then make connections with them and respond to their individual learning needs at school.

The 2014 rollout of the Transition to School Statement was extremely successful.

The 2015 an [evaluation by the Department of Education's Centre for Education Statistics and Evaluation \(CESE\)](#) recommended that the Statement be refined and taken online.

The refined [Transition to School Statement](#) is now available.

<http://www.transitiontoschool.nsw.edu.au/>

**Asthma Australia**

If you have specific questions about your asthma call our information line on 1800 ASTHMA (1800 278 462) or use our [online form](#). You can also get a free control pack by [registering with Asthma Assist](#).

[www.asthmaaustralia.org.au](http://www.asthmaaustralia.org.au)

**ASCIA- About ASCIA**

ASCIA (Australasian Society of Clinical Immunology and Allergy Limited) is the peak professional body for allergy and clinical immunology in Australia and New Zealand.

General inquiries: [info@allergy.org.au](mailto:info@allergy.org.au)

<http://www.allergy.org.au/patients/about-allergy/anaphylaxis>

**ASCIA Action Plans, Treatment Plans and Checklists**

Information	Website	Phone Number
<b>The National Immunisation Program (NIP) Service</b>	<a href="http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/national-immunisation-program-schedule">http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/national-immunisation-program-schedule</a>	<b>1800 671 811</b>
<b>The NSW Immunisation Schedule</b>	<a href="http://www.health.nsw.gov.au/immunisation/Pages/nsw-immunisation-schedule.aspx">http://www.health.nsw.gov.au/immunisation/Pages/nsw-immunisation-schedule.aspx</a>	
<b>NSW Health Local NSW Public Health Unit Contact Details</b>	<a href="http://www.health.nsw.gov.au/PublicHealth/Infectious/phus.asp">http://www.health.nsw.gov.au/PublicHealth/Infectious/phus.asp</a>	<b>1300 066 055</b>

## **Animal & Reptile Rescue Services**

### **WIRES**

If you have found a sick, injured or orphaned native animal in NSW please phone WIRES Wildlife Rescue Line or fill in the [Report a Rescue form](#) ONLINE.

Wildlife Rescue Line: 13 000 WIRES or 1300 094 737

See more at: <http://www.wires.org.au/contact/contact-us#sthash.JHMOtFah.dpuf>

### **RSPCA**

201 Rookwood Road Yagoona, NSW, 2199

Phone: (02) 9770 7555

Fax: (02) 9770 7577

Opening hours: Animal adoptions 9:30 a.m. – 3:15 p.m. Open seven days a week.

### **Veterinary Hospital**

Monday to Friday 9:30 a.m. – 7 p.m.

Saturday and Sunday Consults: 9:30 a.m. – 12:30 p.m.

Emergencies only: 12:30 p.m. – 4:30 p.m.

### **Australian Breastfeeding Association**

<https://www.breastfeeding.asn.au/>

Breastfeeding Helpline 'Mum 2 Mum' 1800686268

